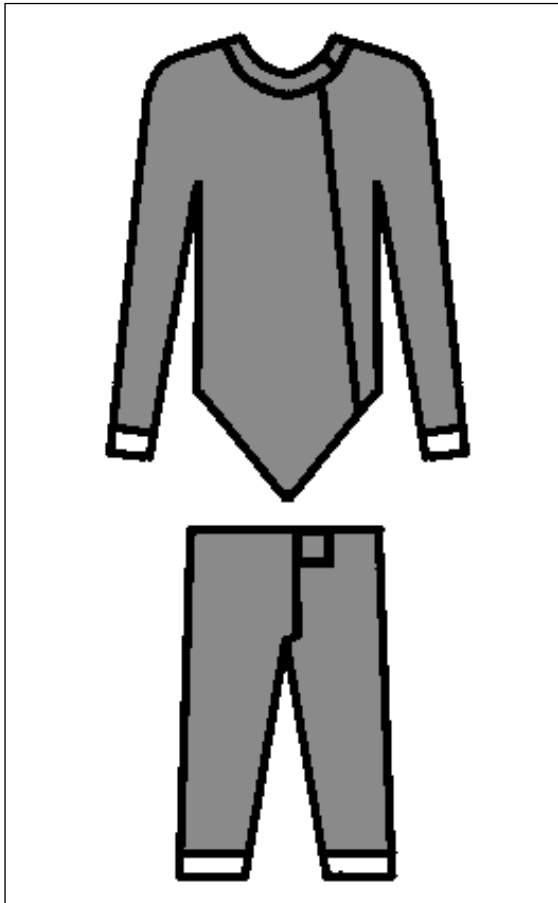


# Instruction for Use: Jackets & Breeches

Please read and keep this information for future reference!



## Instructions for use

### How to choose correct type and size

Refer to the rules of national fencing federation to determine correct protection level. In general, protection level 1 is for practice only. Free Fencing recommends the use of protection level 2 fencing equipment.

Download table 'Sizing Table for Jackets and Breeches' at [www.freefencing.nl](http://www.freefencing.nl) to determine correct size. Special sizes can be made custom made.

All Free Fencing jackets and breeches are suited for all weapons. Please be aware that there is a difference between left- and right-handed jackets and breeches; choose according to the armed hand.

### How to use the jacket/breeches

When putting on the jacket/breeches, be sure to move up the zipper to the very end. Close the Velcro at the end of the zipper firmly.

### How to take care for the jacket/breeches

The jacket/breeches can be hand washed, 30°C max. Do not bleach, dry clean, tumble dry, iron or soak in water for a long time. Especially **do not iron** the material, it can melt when overheated.

The jacket/breeches is to be stored in a dry and cool place. Keep it clean: contaminations or solvents may dangerously reduce the performance of cloth.

## Warnings

Fencing is a contact sport with weapons and therefore, by its nature, dangerous. This is why Free Fencing recommends using fencing materials of the highest protection level. Though fencing material is designed to prevent/reduce injuries, there are circumstances that the protection is too low. Hits on the back of the head and hits with broken blades are particularly dangerous. Broken blades can penetrate protective equipment.

Check your jacket/breeches regularly on defects (like holes, broken seams, tears). Do not use damaged fencing materials. See drawing to the left for protected areas.

## Conformities

The product is conform EN13567:2002+A1:2007 on protective clothing.